

High-order Harmonic Generation: a spectroscopic tool on the attosecond and angstrom scale

Salvatore Stagira – Politecnico di Milano, Physics Department

8th International School on Lasers in Materials Science (SLIMS2024), July 14-20, 2024 - Venice

Outline

- Introduction on light-matter interaction in the strong-field regime
- High-order Harmonic Generation in gases (a basic discussion)
- High-order Harmonic Generation in crystals (a basic discussion)
- Applications of gas-phase HHG (some examples)
- > New frontiers in HHG



Strong-optical-field phenomena

Optical phenomena are said in "strong field regime" when the electric-field component of light becomes comparable to the atomic Coulomb field

Modern laser technology provides access to this regime:

1 atomic unit of electric field $E_a = 5.14 \times 10^{11} \text{ V/m}$

Peak intensity of a laser pulse with energy of 15 mJ, duration of 25 fs, focused to a spot of 30- μ m radius: $I = 2 \times 10^{20} \text{ W/m}^2$

Peak electric field
$$E_p = \sqrt{\frac{2I}{c\epsilon_0}} = 4 \times 10^{11} \text{ V/m}$$





Strong-optical-field phenomena

Optical phenomena are said in "strong field regime" when the electric-field component of light becomes comparable to the atomic Coulomb field

Modern laser technology provides access to this regime:



Nobel Prize in Physics 2018 to Gérard Mourou and Donna Strickland "for their method of generating high-intensity, ultrashort optical pulses...

... and to Arthur Ashkin "for the optical tweezers and their application to biological systems"



DI FISICA

Strong-optical-field phenomena

What happens to matter exposed to intense laser pulses?

The fundamental constituents of matter are atoms and molecules and they obey quantum mechanics





Quantum description: time-dependent Schrödinger equation (TDSE)

$$\left[\widehat{H} + U_{int}(t)\right] |\Psi\rangle = i \frac{\partial |\Psi\rangle}{\partial t}$$
 (atomic units)

where
$$\widehat{H} = -\frac{\nabla^2}{2} + V_{atom}(\mathbf{r})$$
 and $U_{int}(t) = \mathbf{r} \cdot \mathbf{E}(t)$

Simple case: 1D model atom with $V_{atom} = -\frac{1}{1+|x|}$

and ground state
$$\Psi_0(x) = \sqrt{\frac{2}{5}}e^{-|x|}(1+|x|) \implies I_p = 13.6 \text{ eV}$$

(hydrogen ionization potential)





Laser pulse features

- λ = 800 nm
- duration = 3.5 fs
- peak intensity = 3.5×10¹⁴ W/cm²

Atomic units

Time: 100 a.u. = 2.4 fs Length: 100 a.u. = 5.3 nm

POLITECNICO

MILANO 1863

DIPARTIMENTO

DIFISICA



Laser pulse features

- $\lambda = 800 \text{ nm}$
- duration = 3.5 fs
- peak intensity = 3.5×10¹⁴ W/cm²

Atomic units

Time: 100 a.u. = 2.4 fs Length: 100 a.u. = 5.3 nm

POLITECNICO

MILANO 1863

DIPARTIMENTO

DI FISICA



Laser pulse features

- $\lambda = 800 \text{ nm}$
- duration = 3.5 fs
- peak intensity = 3.5×10¹⁴ W/cm²

Atomic units

Time: 100 a.u. = 2.4 fs Length: 100 a.u. = 5.3 nm

Wavepacket recollision





Laser pulse features

- λ = 800 nm
- duration = 3.5 fs
- peak intensity = 3.5×10¹⁴ W/cm²

Atomic units

Time: 100 a.u. = 2.4 fs Length: 100 a.u. = 5.3 nm

POLITECNICO

MILANO 1863

DIPARTIMENTO

DI FISICA

The ionized wavepacket finally leaves its parent atom

Three-steps: the essence of strong field processes



IMENTO

DI FISICA

MILANO 1863

Strong Field processes in classical mechanics

Simple assumptions:

1) After ionization, electron motion described by Newtonian mechanics under the laser field (**Coulomb field neglected**):



P = (k - eA) called *canonical* momentum, is constant along the electron trajectory

POLITECNICO

MILANO 1863

DI FISICA

Strong Field processes in classical mechanics

2) At ionization (time t_i) the electron is in $r(t_i) = 0$ with initial velocity $v(t_i) = 0$

 $\boldsymbol{k}(t_i) = \boldsymbol{P} + e\boldsymbol{A}(t_i) = 0 \quad \blacksquare \quad \boldsymbol{P} = -e\boldsymbol{A}(t_i)$

hence
$$\boldsymbol{v}(t) = \frac{\boldsymbol{k}(t)}{m} = \frac{\boldsymbol{P} + e\boldsymbol{A}(t)}{m} = \frac{e[\boldsymbol{A}(t) - \boldsymbol{A}(t_i)]}{m}$$

and then
$$\mathbf{r}(t_i, t) = \int_{t_i}^t \mathbf{v} dt = \int_{t_i}^t \frac{e[A(t) - A(t_i)]}{m} dt$$

Electron trajectory for a given ionization time *t_i*

POLITECNICO

πιανό

1863

DI FISICA



Ok... but I said that only quantum models are fine! Why I'm bothering you with Newtonian mechanics?

Classical mechanics is not so bad...



Classical electron trajectories follow qualitatively the wavefunction evolution

Thus we can still keep a qualitative "particle" description of the processes

POLITECNICO

1863

DI FISICA

ΛΗ ΑΝΟ

However only 3D TDSE gives a quantitative picture (and it is computationally demanding)

Laser-atom interaction in SFR

Several phenomena take place during the interaction:

Direct Photoionization (tunneling regime)

Recombination of the freed electron after some excursion in the continuum (emission of radiation)

High order Harmonic Generation (HHG)

DIF

Elastic scattering of the ionized electron in the ionic potential (Above Threshold Ionization etc.)

Inelastic scattering of the ionized electron (Nonsequential Double Ionization etc.)

HHG: three-step model

Proposed by Corkum and Kulander et al. in 1993



3: the electron collides with the parent ion emitting a burst of XUV-soft X light

- XUV (eXtreme Ultra Violet) : 10-300 eV - soft X Rays: 300-3000 eV



HHG: three-step model

Proposed by Corkum and Kulander et al. in 1993



HHG is a coherent process:

all the atoms in the macroscopic medium are driven by the same laser field



POLITECNICO

MILANO 1863

IMFNTO

DI FISICA

Typical HHG experimental spectra







credits: J. Seres et al., Photonics 2, 104 (2015)

- HHG spectra are typically produced in gas jets/cells inside vacuum chambers
- Spectral analysis performed with grazing-incidence XUV spectrometers
- The HHG spectra present a plateau and a cutoff region

POLITECNICO

AILANO 1863

DI FISICA



Typical features of HHG in gases

Spectral region: from 80 nm to about 1 nm

Generation yield: 10⁻⁴ to 10⁻⁷ according to laser parameters and driven target

Energy per shot: few µJ to few pJ

Harmonic beam divergence: few mrad

Duration of a single light burst: 1 fs to tens of attoseconds (1 as = 10^{-18} s)

Polarization: **linear** (more about this afterwards)



HHG in classical mechanics

Simple assumptions:

2)
$$r(t_i, t) = \int_{t_i}^t v \, dt = \int_{t_i}^t \frac{P + eA(t)}{m} dt = \int_{t_i}^t \frac{e[A(t) - A(t_i)]}{m} dt$$

3) At recombination (time t_c) the electron collides with the ion in $r(t_i, t_c) = 0$ and its kinetic energy (plus ionization energy) is released as a photon of frequency ω :

$$\frac{k^2(t_c)}{2m} + I_p = \frac{|\mathbf{P} + e\mathbf{A}(t_c)|^2}{2m} + I_p = \frac{e^2|\mathbf{A}(t_c) - \mathbf{A}(t_i)|^2}{2m} + I_p = \hbar\omega$$

DI FISICA

Only few electron trajectories contribute to HHG

HHG: classical predictions



Two electron trajectories contribute to high order harmonic generation:

- Short trajectory: electron flight time shorter than half laser optical cycle
- Long trajectory: electron flight time comparable to an optical cycle

Different photon energies $\hbar\omega$ are emitted at different times t_c ! (Attochirp)

POLITECNICO

1863

DI FISICA

MILANO

Quantum modelling of HHG

Modelling of HHG by the TDSE is a computationally intensive task

An approximated (semiclassical) model is required

Lewenstein model:

- Single active electron
- Role of excited bound states neglected
- Ionized electron wavepacket: *plane waves* driven by the laser field (atomic field neglected)
- Plug these assumptions into the TDSE and find an approximated solution

M. Lewenstein et al., Phys. Rev. A 49, 2117 (1994).

DI FISICA

Lewenstein model



- the bound-free transition dipole moment $D(\mathbf{k}) = \langle \Psi_0 | -e\mathbf{r} | \mathbf{e}^{i\mathbf{k}\cdot\mathbf{r}/\hbar} \rangle$

then the HHG spectral intensity is given by:

$$I(\omega) \propto \left| \omega^{2} \int_{-\infty}^{\infty} e^{i\omega t_{c}} dt_{c} \int_{-\infty}^{t_{c}} dt_{i} \int d^{3}P \left[P + eA(t_{c}) \right]_{\text{step 3:}} e^{-iS(P,t_{i},t_{c})} E(t_{i}) \cdot D[P + eA(t_{i})]_{\text{step 1: ionization}} \right|^{2}$$

M. Lewenstein et al., *Phys. Rev. A* **49**, 2117 (1994).

 $\overline{}$

Lewenstein model: luckily just few quantum paths are dominant

The Lewenstein model requires integration over infinite possible paths...

However, few paths are likely to be taken by the system, thus the integral can be reduced to a discrete sum...

Those relevant paths can be found by suitable approaches (stationary solutions)

P. Salieres et al., *Science* **292**, 902 (2001).



From gases to crystals



Strong-field physics in solids: an unexpected outcome

UNEXPECTED: High harmonic generation in crystals



HHG nowadays observed in several crystals:



POLITECNICO

MILANO 1863

DI FISICA

ZnSe, ZnTe, GaAs, SiO₂, ZnO, MgO, GaSe, graphene



HHG in solids: the three-step model is there

Three step model in the momentum k space

- 1. Electron-hole creation
- 2. Propagation of electron and hole in the respective band:

a. intraband contribution to HHG

3. Electron-hole recombination:

b. interband contributions to HHG

HHG emission encodes information on:

- electronic band structure
- ultrafast dynamics triggered by fs pulse



1863

λΗ ΑΝΟ

DI FISICA

A typical case: HHG in ZnTe

sample: ZnTe (Zinc Telluride)

non centrosymmetric crystal (odd and even harmonics)

bandgap: 2.26 eV

transmission geometry

scan of polarization direction with half-waveplate on motorized stage





DIPARTIMENTO

DI FISICA

WILANO 1863

ZnTe lattice and laser polarization

zincblende structure

ZnTe cut along the 110 plane

Laser field polarization









HHG spectra vs. ZnTe crystal orientation



MILANO 1863

DI FISICA

Even vs. odd harmonics in ZnTe

Even harmonics







POLITECNICO

MII ANO 1863

DI FISICA

Even & odd harmonics maximize along directions connecting in-plane Zn and Te sites (no inversion symmetry along them)

Even vs. odd harmonics in ZnTe

Even harmonics







POLITECNICO

MILANO 1863

di fisica

Odd harmonics also maximize along directions connecting in-plane similar atomic sites (inversion symmetry is present along them)

Peculiarities of HHG in solids

- Low damage threshold limits the use of arbitrary high intensities
- Longer wavelength and shorter duration pulses are needed, compared to gases

- Both even and odd high harmonics may be observed
- The polarization state of the harmonics can be non trivial

DIF

 Detection in transmission and in reflection are both feasible (only reflection in opaque samples)



Applications of HHG (in gases)



Structural information in HHG spectra

The spectral intensity of harmonic radiation can be approximated as:



The wavevector **k** of the colliding electron is related to the emitted photon energy $\hbar\omega$ and the ionization potential I_p by energy conservation: $|\hbar \mathbf{k}|^2/2m_e + I_p = \hbar\omega$



Molecular orbital tomography

Computed tomography of a human being



POLITECNICO

MILANO 1863

DIPARTIMENTO

DI FISICA

HHG tomography



1) align the target molecules (with a first laser pulse)

2) collect HHG spectra $I(\omega, \theta)$ at different angles θ between the molecular axis and the E field **of a second laser pulse**

3) obtain $\omega^4 |a(\mathbf{k})\mathcal{F}_{\mathbf{k}(\omega)}\{\mathbf{r}\Psi_0(\mathbf{r})\}|^2$ from HHG spectra by mapping the optical frequencies ω to the spatial frequencies k

4) make some assumptions on $a(\mathbf{k})$, on the phase of $\mathcal{F}_{\mathbf{k}}\{\mathbf{r} \Psi_0(\mathbf{r})\}$ and on the orbital symmetry; then inverse transform.

Retrieved orbital in CO₂ C. Vozzi et al., *Nature Phys.* **7**, 822 (2011)



DI FISICA

POLITECNICO

1863

λΗ ΑΝΟ

Attosecond Science

HHG in time domain

"Long" laser pulse



Multiple XUV bursts

"Short" laser pulse + gating technique





Single attosecond pulse

Odd harmonics in spectral domain (HHG)



Continuous XUV spectrum



Nobel Prize in Physics 2023 to Pierre Agostini, Ferenc Krausz and Anne L'Huillier "for experimental methods that generate attosecond pulses of light for the study of electron dynamics in matter"

1863

IMFNTO

DI FISICA

POLITECNICO

μίανο

Attosecond Science and Carrier-Envelope Phase

The Carrier-Envelope Phase Offset of the driving laser pulses matters!

It must be **stabilized** in order to produce reliable attosecond pulses



Attosecond Science and Carrier-Envelope Phase

Carrier-envelope phase (CEP) of laser pulses:

changes from pulse to pulse with rate f_{CEO} which is not stable over time!



A train of laser pulses corresponds to a frequency comb in the spectral domain with comb frequencies drifting as f_{CEO} changes over time



Attosecond Science and Carrier-Envelope Phase



Nobel Prize in Physics 2005 to John L. Hall and Theodor W. Hänsch "for their contributions to the development of laser-based precision spectroscopy, including the **optical frequency comb technique**"...



POLITECNICC

AII ANO 1863





... and to Roy J. Glauber "for his contribution to

the quantum theory of optical coherence"

Ultrafast electron dynamics in phenylalanine initiated by attosecond pulses



POLITECNICO

MILANO 1863

DI FISICA

Attosecond chronoscopy of electron scattering in dielectric nanoparticles





- Access to electron scattering by attosecond streaking on dielectric nanoparticles
- photoelectrons are generated inside the nanoparticles
- transport through the material and photoemission tracked on an attosecond timescale.

L. Seiffert et al., Nature Physics **13**, 766 (2017)



Single harmonic selection

Time-compensated monochromator



POLITECNICO

MILANO 1863

DI FISICA

A single harmonic can be selected preserving the temporal duration

Selective excited-state time-resolved spectroscopy

Circularly-polarized harmonics

Bichromatic pulses, circularly polarized with opposite helicity, drive HHG in gas

Circularly polarized high order harmonics!!!!!





POLITECNICO

AILANO 1863

DI FISICA

> EUV and X-ray magnetic circular dichroism of Fe and Gd

- XMCD asymmetry of Fe and Gd
- > Extracted magneto-optical absorption coeff. at the Fe $M_{2,3}$ and the Gd $N_{4,5}$ edges

New frontiers in HHG



Future directions in HHG: quantum optics

 $[\widehat{H} + U_{int}(t)]|\Psi\rangle = i\frac{\partial|\Psi\rangle}{\partial t}$ where $\widehat{H} = -\frac{\nabla^2}{2} + V_{atom}(r)$ and $U_{int}(t) = r \cdot E(t)$

Current HHG description: quantum matter, classical e.m. field

Future directions in HHG: quantum optics

A step forward: fully quantum HHG description

Open investigations in the field

- ➢HH radiation driven by "quantum light pulses" (e.g. Bright Squeezed Vacuum)
- Non-poissonian statistics of HH photons driven by "classical light pulses"

DIF

Entanglement between matter and HH photons (e.g. HH photons resonant with absorption lines)

Future directions in HHG: quantum optics

A step forward: fully quantum HHG description

Nobel Prize in Physics 2022 to Alain Aspect, John Clauser and Anton Zeilinger

"for experiments with entangled photons, establishing the violation of Bell inequalities and pioneering quantum information science"



DIFISICA

HHG driven by non-classical light



Intense squeezed light could drive the electron dynamics over trajectories not accessible by "classical light"

More extended harmonic spectra could be emitted with respect to usual experimental outcomes (using coherent states of light)

POLITECNICO

MII ANO 1863

DI FISICA

A. Gorlach et al., Nature Physics 19, 1689 (2023)

Photon statistics in single-atom HHG



Harmonics driven by "classical light pulses" could show non-classical properties

A. Gorlach et al., *Nature Communications* **11**, 4598 (2020)



Photon statistics in single-atom HHG



Mandel parameter Q $Q = \frac{\langle n^2 \rangle - \langle n \rangle^2}{\langle n \rangle} -1$

with n number of photons

Q = 0 for Poissonian statistics (classical coherent light)

IMFNTO

DI FISICA

POLITECNICO

MILANO 1863

Q > 0 super-Poissonian statistics

A. Gorlach et al., *Nature Communications* **11**, 4598 (2020)

Conclusions

High-order Harmonic Generation can be used to:

- Detect properties of the driven medium (HHG spectroscopy)
- Generate coherent femtosecond pulses in the EUV-soft X region for spectroscopic applications (e.g. NEXAFS, XMCD)
- Generate coherent attosecond pulses for studying electron dynamics in molecules, liquids and solid-state systems

Novel trends (HHG in solids, quantum HHG) are emerging and will trigger applications in diverse fields of research.



Thanks for your attention!



APPENDIX



Lewenstein model: a Feynman's path integral interpretation Feynman formulation of quantum mechanics

"The probability amplitude of any quantum mechanical process can be represented as a coherent superposition of contributions of all possible spatio-temporal paths that connect the initial and final state of the system.



1863

DI FISICA

Stationary solutions (1)



Integration is not required: look for stationary phase conditions in the exponential terms

1. Define $\Theta = S(\mathbf{P}, t_i, t_c) + \omega t_c$ 2. Look for stationary points $[\mathbf{P}^{(s)}, t_i^{(s)}, t_c^{(s)}]$ that are solutions of: $\begin{cases} \frac{\partial \Theta}{\partial t_i} = 0\\ \frac{\partial \Theta}{\partial t_c} = 0\\ \nabla_{\mathbf{P}} \Theta = 0 \end{cases}$

3. The integral reduces to a sum over a few contributions (quantum electron trajectories) $I(\omega) \propto \left| \sum_{s} \omega^{2} A_{s} D^{*} [P^{(s)} + eA(t_{c}^{(s)})] E(t_{i}^{(s)}) \cdot D[P^{(s)} + eA(t_{i}^{(s)})] e^{i[\omega t_{c}^{(s)} - S(P^{(s)}, t_{i}^{(s)}, t_{c}^{(s)})]} \right|^{2}$ Suitable function of the stationary solutions

POLITECNICO

MILANO 1863

DI FISICA

Stationary solutions (2)

Stationary equations can be written and understood as follows:



Quantum electron trajectories contributing to HHG show a semi-classical interpretation



Structural information in HHG spectra

$$I(\omega) \propto \left| \sum_{s} \omega^{2} A_{s} D^{*} [P^{(s)} + eA(t_{c}^{(s)})] E(t_{i}^{(s)}) \cdot D[P^{(s)} + eA(t_{i}^{(s)})] e^{i[\omega t_{c}^{(s)} - S(P^{(s)}, t_{i}^{(s)}, t_{c}^{(s)})]} \right|^{2}$$
Structural information on the atom/molecule is here!
It is a dominant contribution to HHG spectrum



Structural information in HHG spectra

$$I(\omega) \propto \left| \sum_{s} \omega^{2} A_{s} \mathbf{D}^{*} \left[\mathbf{P}^{(s)} + e \mathbf{A}(t_{c}^{(s)}) \right] \mathbf{E}(t_{i}^{(s)}) \cdot \mathbf{D} \left[\mathbf{P}^{(s)} + e \mathbf{A}(t_{i}^{(s)}) \right] e^{i \left[\omega t_{c}^{(s)} - S(\mathbf{P}^{(s)}, t_{i}^{(s)}, t_{c}^{(s)}) \right]} \right|$$

For energy conservation the emitted photon energy is



The spectrum is linked to the spatial Fourier transform of the ground state wavefunction Ψ_0 (times -r)

<u>POLITECNICO</u>

MILANO 1863 | DI FISICA



S. Ghimire et al. Nat. Phys. Rev. 15, 10 (2019)



HHG in solids vs. HHG in gas

Momentum Space



reciprocal space (k)

DIPARTIMENTO

DI FISICA

POLITECNICO

MILANO 1863

S. Ghimire et al. Nat. Phys. Rev. 15, 10 (2019)

Even vs. odd harmonics in ZnTe

Simple-man picture

- 1. The laser pulse promotes electrons in the conduction band
- 2. The electrons accelerate along the light polarization direction
- 3. Harmonic emission maximizes for directions connecting atomic sites
 - a) Directions without inversion symmetry (Zn-Te): one collision per optical period, even and odd harmonics are generated
 - b) Directions with inversion symmetry (Zn-Zn or Te-Te): two collisions per optical period, only odd harmonics are generated



Experimental setup for HHG tomography



An HHG tomography lab



Typical driving laser source (Ti:Sa laser):

- \Box <25 fs pulses
- □ 15-mJ energy
- □ 1-kHz repetition rate



- □ Vacuum chambers hosting:
 - HHG section with gas jet
 - Harmonics beam transport to diagnostics
 - Harmonics polarization analyzer
 - Grazing-incidence XUV-soft X spectrometer



Light pulse manipulation

- □ Temporal compression
- Wavelength down- or up-conversion
- □ Multi-color laser pulse combining







